



IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant: Stearns Art Unit: 3764  
Serial No: 10/718,763 Examiner: Amerson  
Filed: November 21, 2003  
Title: TORSO EXERCISE METHODS AND APPARATUS

Certificate of Mailing

I hereby certify that this TRANSMITTAL SHEET AND DEPOSIT ACCOUNT AUTHORIZATION and the items identified herein are being sent via First Class mail, postage prepaid, to M.S. Non-Fee Amendment, Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450, on this 15th day of March, 2005.

MAK  
Mark A. Krull

TRANSMITTAL SHEET AND DEPOSIT ACCOUNT AUTHORIZATION

M.S. Non-Fee Amendment  
Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

Dear Sir:

In connection with the above-referenced patent application, enclosed is an Amendment and Response (9 pages).

Please charge any appropriate fees to USPTO Deposit Account No. 501463. This document is being submitted in duplicate.

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MAK  
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AMENDMENT AND RESPONSE

M.S. Non-Fee Amendment  
Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

Dear Sir:

Introduction

This Amendment and Response is being submitted in reply to the Office Action dated December 15, 2004.